

HolisticCare Veterinary Acupuncture
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Bicom® 2000 Session Information and Client Preparation Page

Prior to the first session, you will want to review information about the BICOM 2000 at www.bicom2000.org. There is also a DVD available for viewing upon request.

Included in your packet are detailed questionnaires regarding your pet's Daily Food Intake and Toxin Exposure. (These are also available on-line at www.holisticarevet.com). Please take the time to complete these forms, and bring them to your first appointment. Or, you may fax them to 636-677-5174.

There are a few things that are requested from you in preparation for your pet's BICOM session. Please call if you have any questions about any of the following.

- It is optimal in most situations for you to be present and assisting with your pet during the BICOM procedures. You will be asked to help keep your pet calm and in close proximity to the BICOM equipment during procedures. It is optimal if you and your pet are relaxed and the number of people in the session room is minimal. This is not the optimal time for all the members (animal or human) of the family to be present. You are asked to turn off your cell phone before the session begins so frequency waves from the phone and call interruptions do not interfere. You may also be asked to help with the items you have brought from home to be analyzed, or to make notes about program numbers during the session. Pet owners are encouraged to make their own notes, too.
- At the initial BICOM session, the doctor will first get acquainted with you and your pet as she reviews and analyzes pertinent historical and environmental toxicity data. The session proceeds to the BICOM work by gathering input substances. This may include collecting one or more of the following samples: saliva, urine, stool, fur or hair, ear swab, or a small drop of blood on blotter paper or microscope slide.
- BICOM initial (and all subsequent) sessions vary in both the programs selected, and the time needed per session, depending on the needs of each individual animal. The veterinarian may choose from: Basic Therapy Programs, Organs of Elimination Programs, Therapy Block Programs, a Frequency Sweep, a 5 Element Indicator Test Kit program and two Basic Test Kit Programs to eliminate toxins (heavy metals, parasites, pathogens, fungi, chemicals) or allergens (food, food preservatives and additives).

Use the following checklist to prepare for your pet's BICOM session, and as always, please call if you have any questions about what to bring for analysis to a session.

48 hours prior to your appointment:

- Place two small dishes of water in the house in rooms where your pet spends time. Place one outside in an area where your pet spends time. Leave these dishes uncovered in order to collect airborne contaminants or pollens that might be affecting your pet.

On the day of your appointment you will collect samples to bring for analysis (limit to a total of 20 items, including your pet's favorite/chew toys):

- Using a Q-tip and individual zip-lock, labeled bags, collect a sample from each of the water dishes in your home and outside.
- Using a Q-tip and individual zip-lock, labeled bags, collect samples of various household substances to which your animal exposed, i.e. laundry detergent and fabric softener used to launder your pet's bedding, grooming care items used on your pet's skin.
- Using a Q-tip and individual zip-lock, labeled bags, collect samples of your pet's food items, treats (be sure to include those your pet receives from others, such as the groomer, kennel/pet sitter/day care, etc...), your pet's drinking water, supplements, medications, etc.
- Using a rolled piece of Scotch tape, collect fiber samples from surfaces on which your pet spends time, i.e. bedding, sofa, rugs, carpeting, flooring; don't forget areas outdoors if your pet likes to lie in or on the bark mulch, garden dirt, deck, garage, porch.
- You may bring up to 20 items, although depending on the time needed for programs during the session, it may not be possible to analyze all 20.
- Don't forget to bring a sample of your pet's toys (the ones your pet is exposed to most).

Important Reminders:

1. Your animal should be clean, fed and well hydrated when he or she arrives for a session. Hydration plays an important factor in the results of the session, both before and after.
2. If you have not already faxed the Daily Food Intake and Toxicity Questionnaire, and your pet's current medical records and/or radiographs, please bring these with you. Your appointment time will need to be extended to include extra time for the veterinarian to review and discuss these records as they may affect the procedures chosen for the BICOM session.

Time and Charges for BICOM*

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| Initial BICOM Session | 1 ½ - 2 hours | \$245.00 |
| BICOM Follow-up Session | 30 minutes | 80.00 |
| | 45 minutes | 120.00 |
| | 60 minutes | 160.00 |
| Water drops for extended home therapy: | | 10.00 each |
| Chip for extended home therapy: | | 15.00 each |

*Payment is due at time of service. Check or cash only, please.